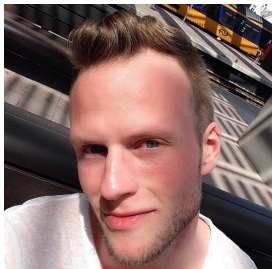


**HELLO EVERYONE!**

**Welcome to TALK TO THE ENTITIES with SHANNON O'HARA in AMSTERDAM!  
TTTE Intro - Beginners - Intermediate - Advanced and Facilitators! Live & LiveStream!**

**A 10 DAY EVENT**, all in this more than historical city, with plenty of entities to play and explore with!

How does it get even better?



Here is [Merlijn Wolsink](#) writing to you, your 'ground person' in Amsterdam.

In this document you will find the practical information will you require about the venues, accommodation, public transport, other resources to book and prepare your stay in Amsterdam with ease.

**PLEASE scan or read through everything and see if the questions you have, can be answered through this document.**

Some of the info might apply to you and some might not, depending on how many classes you are taking.

Please contact me with any questions on

**Facebook** at:

[www.facebook.com/merlijnwolsink](http://www.facebook.com/merlijnwolsink)

**E-Mail** at:

[merlijnwolsink@icloud.com](mailto:merlijnwolsink@icloud.com)

**Skype** me at: merlijnw

**Call** me on:

**+31 6 4751 0440.**



## \* VENUES

We have two venues for this whole TTTE Amsterdam adventure.

**Introduction, Beginners and Intermediate on 17 - 18 - 19 - 20 - 21 July, will be at:**

**"DE RUIJTE"** ("The Space") [www.deruimteamsterdam.nl](http://www.deruimteamsterdam.nl)

WEESPERZIJDE 79a - 1091 EJ AMSTERDAM

Google Maps: [www.bit.ly/DeRuimteVenue](http://www.bit.ly/DeRuimteVenue)

Closest Metro stop: "Wibautstraat"

Closest Train stop: "Amsterdam Amstel station"

Closest Tram stop: Tram 3 "Wibautstraat/Ruyschstraat" at Tram 3 and 12 "Amsteldijk" (both different stops, with the same name)



**Advanced and Facilitators on 24 - 25 - 26 - 27 - 28 July, will be at:**

**"KARUNIKA"** [www.karunika.nl](http://www.karunika.nl)

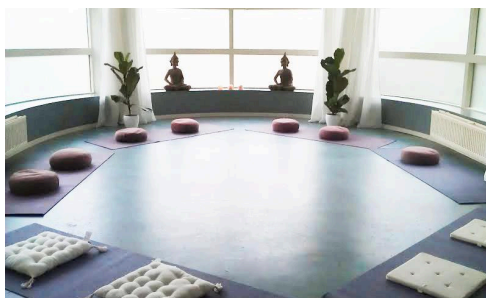
MEERHUIZENPLEIN 11 - 1078 TB AMSTERDAM

Google Maps: [www.bit.ly/KarunikaVenue](http://www.bit.ly/KarunikaVenue)

Closest Metro stop: "Amsterdam Amstel station"

Closest Train stop: "Amsterdam Amstel station"

Closest Tram stop: Tram 12 at "Amsteldijk" (different stop than tram 3) and Tram 12 and 4 at "Victorieplein"



The venues are only a 10 to 15 minute walk away from each other, and are on both sides of the gorgeous Amstel river.

See the walk here on Google Maps: [www.bit.ly/WalkFromDeRuimteToKarunika](http://www.bit.ly/WalkFromDeRuimteToKarunika)

## \* HOW TO GET AROUND TOWN? \*

### **PUBLIC TRANSPORT**

You can get around easily by public transport.

You can use the online 9292 service to plan your travels within the city and throughout whole of the Netherlands:

<http://9292.nl/en>

Simply type in the addresses or stations you would like to travel from and to.



Examples:

-for the airport "Schiphol" type in "schiphol"

-for "De Ruimte" type in "weesperzijde 79a amsterdam"

-for "Karunika" type in "meerhuizenplein 11 amsterdam"

It will give you detailed information on how to get there and it will even show you how to walk there from the closest tram, bus or train stop!

Please use this website to your advantage when you are booking your accommodation, to check what your route to the venues will be like!

### **SINGLE TICKETS / HOUR RIDE**

On pretty much all trams and busses you can buy a single ride ticket, usually around €2,50,- /€3,-.

For the metro and train, you can buy those in the machines at the stations, usually with cash and card.

If you get a single day or hour card on one of these vehicles, the use can be limited to that specific service.

### **OV-CHIPCARD** (Public Transport Chipcard)

If you stay for longer and are planning to use public transport a lot, it is highly recommended you get an (anonymous) OV-Chipcard (similar as "Oyster Card" in London, or any other city that has a specific card system for the whole city).

You can use the OV-Chipcard to get around on ALL trams, busses, trains and metro, including the 197 bus and trains that go from Schiphol Airport.



You can get these cards for €7,50 at most tobacco/lecture shops, like "AKO", "Primera", "BRUNA", "Vivant", which you find through the whole city and at most stations, including Schiphol Airport. "Albert Heijn" and "Dirk van de Brook" supermarkets.

After buying it, you have to charge it with money so you can actually



### **BIKE**

You can literally rent bicycles all over the city. Especially if you will be staying a little further away from the venue, this is a very cool and easy way to get to the Venues. Some B&B's, Hotels, apartments and hostels have bikes for rent. Please keep your eyes and ears open or ask the locals around you where they know to get a bike close to where you are!

## **BY FOOT**

GOOGLE MAPS has some cool features as well to plan see your route on the map, and to let google show you the area!

Please use these links as a starting point for yourself, hover your cursor of the address in the left part of th screen and let google show you where to go and what is available in the area!

GOOGLE MAPS "DE RUIMTE" ("The Space") : [www.bit.ly/DeRuimteVenue](http://www.bit.ly/DeRuimteVenue)

GOOGLE MAPS "KARUNIKA" : [www.bit.ly/KarunikaVenue](http://www.bit.ly/KarunikaVenue)

**YOUTUBE & FACEBOOK CLIPS** - I have created several video's about getting around Amsterdam and I'll be adding some along the way.

You can check in with those on my youtube page:

<http://www.youtube.com/playlist?list=PLTmt7l2wrlFroGkAB2ygTQSSXP3LCOY1S>

Or the TTTE Facebooj event page: <https://www.facebook.com/events/653207881415585/>

## **\* FROM THE AIRPORT AMSTERDAM "SCHIPHOL" TO THE CITY**

Are you flying in? There are several ways to get to city centre and to the venues, by Bus, Train or Taxi.

First !!before reading on!! Please have a look at this useful website which describes the easiest options:

<http://www.amsterdamtips.com/getting-to-amsterdam-from-schiphol-airport.php>

Bus 197 (a reddish bus with the name: "Schiphol Sternet") will get you directly to Museum Plein (Museum Square).

From where you you can take Tram to:

- our first venue "De Ruimte" with Tram 3 direction "Muiderpoort Station" to Tramstop "Wibautstraat/Ruyschstraat" or "Amsteldijk" and proceed your 5 minute walk along the Amstel to

- our second venue "Karunika" with Tram 12 direction "Amstel Station" to Tramstop "Victorieplein" and "Amstelplein" and from there a 2 minute walk.

## **\* ACCOMODATION in AMSTERDAM \* Getting started...**

There are lots of possibilities to accommodate in Amsterdam, as hotels, B&B's, hostels and more.

You will find some links to the general websites and a link to selections in the area we will be with both venues. Of course you can look through all of Amsterdam, as transport to the area doesn't have to be so long. Please use the [www.9292.nl/en](http://www.9292.nl/en) website!

Booking your accomodation is entirely your own responsibility. You know when you arrive, when you will leave and what your budget is. I (Merlijn) am here to assist you, provide you information and to interact with you!

Please have a look at this website for lots of general information:

<http://www.amsterdam.info/accommodation/>



Some pre-made Venue area GOOGLE MAP links - Please zoom in and out with the + and - buttons on the right-down side of the screen:

Hotels: [www.bit.ly/GoogleMapsAmsterdamHotels](http://www.bit.ly/GoogleMapsAmsterdamHotels)

Apartments: [www.bit.ly/GoogleMapsAmsterdamApartments](http://www.bit.ly/GoogleMapsAmsterdamApartments)

Hostels: [www.bit.ly/GoogleMapsAmsterdamHostels](http://www.bit.ly/GoogleMapsAmsterdamHostels)

You can book a room/place for yourself or hook up with someone else on the TTTE Amsterdam Mega Event Facebook event page!

<https://www.facebook.com/events/653207881415585/>

For the selections you will find below, I have selected the dates to be 17 - 29 of July, which obviously adds up in price AND not all options are available for the whole series of TTTE Classes.

Please have a clear look at what dates you would like to book. You can modify the dates to your convenience!

\* [www.airbnb.com](http://www.airbnb.com) (you require to make an account which is relatively simple, just follow the steps) or go to an available selection in the area straight away: [www.bit.ly/AirBNB-VenueArea](http://www.bit.ly/AirBNB-VenueArea) or with an even closer zoom in on the area around the venues: [www.bit.ly/AirBNB-VenueAreaZoomIn](http://www.bit.ly/AirBNB-VenueAreaZoomIn)

\* Hotel Casa 400

General info: <http://www.hotelcasa400.nl/en/index.html> and route & accessibility <http://www.hotelcasa400.nl/en/route.html>

A combination of a nice hotel and student housing. Very affordable as well and a 10 minute walk to both venues.

\* [www.amsterdam-bed-and-breakfasts.com](http://www.amsterdam-bed-and-breakfasts.com)

or directly to selection: [www.bit.ly/BedAndBreakfastAmsterdam](http://www.bit.ly/BedAndBreakfastAmsterdam)

\* [www.amsterdamapartmentrental.com](http://www.amsterdamapartmentrental.com)

or directly to selection: [www.bit.ly/AmsterdamApartmentRental](http://www.bit.ly/AmsterdamApartmentRental)

\* [www.Booking.com](http://www.Booking.com)

or directly to selection: [www.bit.ly/Booking-com-selections](http://www.bit.ly/Booking-com-selections)

More suggestions:

\* [www.shortstay-apartment.com/](http://www.shortstay-apartment.com/)

<http://www.shortstay-apartment.com/amsterdam-apartment/congress-centre-apartment-a6.html#calendar>

\* [www.stayokay.com/en](http://www.stayokay.com/en) great hostel with big rooms and lots of beds, just a little further away from the venues.

\* [www.hostels.com/amsterdam/netherlands](http://www.hostels.com/amsterdam/netherlands)

\* [www.hostelbookers.com/hostels/netherlands/amsterdam/](http://www.hostelbookers.com/hostels/netherlands/amsterdam/)

\* [www.hostelcosmos.com](http://www.hostelcosmos.com)

\* [www.cocomama.nl](http://www.cocomama.nl) What else is possible?

### \* **Sleeping at the venue**

Both venues provide the incredibly cool (and cheap) possibility to for participants to sleep over during the class. I have used this service before during other classes and people have liked it very much.

You can use all the venues facilities and go in and out during the evening, or do Access Bars and Body Work for instance!

**There is limited availability for each venue, so: "first come, first served!"**

**Please contact ME (Merlijn) directly at [merlijnwolsink@icloud.com](mailto:merlijnwolsink@icloud.com) or facebook if you would like to use this option or not! Please DON'T contact the venues directly about this. Thank you for your cooperation! ☺**

Please know, on the nights when there is no class - **21 on 22 on 23 on 24** - you will be required to sleep at another place, whether that is a hotel, hostel, apartment, couch or what else is possible?

Please check out the other resources I provided above and connect with each other through the Facebook event page if you'd like to share rooms!

Both venues do have WIFI internet.

!!! Please be aware that WE DO have to ask all of the participants to stay OFF THE WIFI during class as we are LIVESTREAMING to ALL OVER WHOLE WORLD !!!

Thank you for understanding.

The deal and facilities for both venues are pretty similar, though there are some differences, so please have a clear look at both if you are interested:

**During Intro. Beg. and Int. "De Ruimte" has 8 sleeping places available on four nights: July 17 on 18 on 19 on 20 on 21.**

### **This is the deal and information for sleeping at "De Ruimte":**

- Price is €20,- each night to be paid cash in the hand of Merlijn, before the first evening of your stay.
- No invoice can be provided for this service.
- You will be lying on a mattress (±15 cm thick) on the floor.
- You will have to bring a sleeping bag or something else to sleep in, a (1 person) mattress cover and pillow cover.
- You will be sleeping in the same area with other participants, (like a big sleeping room) divided over 2 rooms.
- You can choose where to put your mattress and please be respectful in your communication with one and other.
- There is a shared shower room, with two open showers (no curtain or wall in between)
- Two bathroom sinks with mirrors.



- Two separate toilets
- Kitchen, including fridge, plates, cups, glasses and cutlery and (no cooking plate)

The AREA has an "Albert Heijn" supermarket (5 minute walk) for general groceries, lots of restaurants around, a Turkish supermarket around the corner that is open 7 days a week. Check the Google Map link as well! : [www.bit.ly/DeRuimteVenue](http://www.bit.ly/DeRuimteVenue)

**During Adv. and Fac. "Karunika" has 6 sleeping places available on four nights: July 24 on 25 on 26 on 27 on 28.**

**This is the deal and information for sleeping at "Karunika":**

- Price is €20,- each night to be paid cash in the hand of Merlijn, before the first evening of your stay.
- No invoice can be provided for this service.
- You will be lying on a mattress (±10 cm thick) on the floor.
- You will have to bring a sleeping bag or something else to sleep in, a (1 person) mattress cover and pillow cover.
- You will be sleeping in the same area with other participants, (like a big sleeping room) divided over 2 rooms.
- You can choose where to put your mattress and please be respectful in your communication with one and other.
- There is one shower (with curtain) in the other building of the same venue across the street (10 metros walking), to be shared with other people staying over there (±6). There will be set times to shower in communication with the people in the other building.
- One separate toilet with sink.
- Kitchen, including fridge, plates, cups, glasses and cutlery and a 2 pit cooking plate.



The AREA has an "Dirk van de Broek" supermarket/drugstore (5 minute walk) for general groceries, lots of restaurants around. You can use the GOOGLE MAP link as well : [www.bit.ly/KarunikaVenue](http://www.bit.ly/KarunikaVenue)

**Let me know if you would like to use this offer and contact me directly!**

How does it get even better?

Please use all this info to book and organize your trip with ease!

Do you have any more Questions about Amsterdam and do you require some interaction about getting a place to stay?

Connect with me on:

Facebook: [www.facebook.com/merlijnwolsink](http://www.facebook.com/merlijnwolsink)

Skype: merlijn

E-mail [merlijnwolsink@icloud.com](mailto:merlijnwolsink@icloud.com)

phone: +31 (0) 6 47 51 0440

**I'm looking forward to meeting you!**

**What else is possible in Amsterdam?**

